

# Remedies & Prevention for The Poison Ivy Rash



Please remember, this document is provided for information purposes only, with no guarantee of accuracy; It is not intended as a substitute for medical advice, nor as a claim for any effectiveness in treating the symptoms of contact with the poison ivy oleoresin, urushiol.



urushiol (oo-roo-she-all) allergen that causes allergic contact dermatitis.

**An urushiol residue on the skin that is difficult to wash off. In the conjugated state (bound to cell membranes) urushiol is virtually impossible to wash off.** - WaynesWord.palomar.edu

---

**Alcohol** freely dissolves this oleoresin, but water does not, nor does it wholly remove it from the skin; hence the reason why washing with soap and water after contact with ivy so often does not prevent the appearance of the characteristic eruption. Experimentation (see V. K. Chestnut, United States Yearbook of Department of Agriculture, 1896, p. 141) has shown that if the oleoresin be placed upon the skin, and immediately removed with alcohol, but slight effects are observed. The longer the interval, however, the more pronounced the effects become.

- **HenriettasHerbal.com**  
[editing by The Gloved Hand]

**Tecnu Oak-n-Ivy® Cleanser** contains a mixture of organic solvents and wood pulp by-products which remove terpene resins and urushiol from the skin. Thorough rinsing with water is recommended after application. Other organic solvents, such as rubbing alcohol, would probably also remove the urushiol residue. Of course, if the allergen has already penetrated the epidermal layer and bonded to deeper skin cells it is too late. Interestingly enough, the original Tecnu product was developed to remove radioactive fallout dust from the skin without water (Mermon, 1987). It was supposed to be stocked in fallout shelters across the United States. Later it was found to be highly effective in removing paint resins and, quite by accident, urushiol. Tecnu is a crude distillate of gasoline and is quite expensive compared to other solvents such as gasoline, paint thinner and acetone. - **WaynesWord.palomar.edu**

**Zanfel®** - Another product, Zanfel™, is for the rash once it has begun. Zanfel has provided me, personally, with great relief and good results. I highly recommend it. Check the [www.Zanfel.com](http://www.Zanfel.com) web site for more information. - **Cindy Campbell of The Gloved Hand**

**Rhus Toxicodendron** - Homeopathic Remedy

[Editor's note: I discourage overlapping the dosing timeframes of Rhus Toxicodendron with Zanfel. I experimented with them simultaneously and concluded they work at cross purposes.]

Rhus Toxicodendron is also known as Rhus tox. Rhus Tox is a homeopathic remedy from Poison Ivy. Rhus tox is the remedy for poison ivy and poison oak. Customers have also had success with using Rhus tox prior to exposure with poison ivy, as a preventative to poison ivy reaction. Keep in your first aid kit. - **elixirs.com**

## Hylands remedies



## Boiron remedies



## WHP remedies



You will never find actual traces of the poison ivy oleoresin or the poison oak oleoresin in rhus tox, as that is the intention of homeopathy. The urushiol oleoresin of either a poison ivy and/or poison oak plant is subjected to succussion (hit firmly so as to send a vibration through it) and diluted in several repetitions and then suspended in alcohol or sugar. After this process, the result has virtually no trace of the original oleoresin; but rather a very helpful homeopathic remedy. The applications are very specific, but the help offered is quite profound.

- [HomeRemedyCentral.com](http://HomeRemedyCentral.com)

Homeopathic Poison Ivy Pills have been registered with the FDA since 1938. Poison Ivy Pills may be used for prevention or treatment of poison ivy and poison ivy-like rashes. They are completely safe and natural, produce no side effects or drug interactions and are estimated to be effective for about 80% of consumers

- [HomeopathyWorks.com](http://HomeopathyWorks.com)

[editing by The Gloved Hand]

Mild to moderate poison ivy rash symptoms are treated homeopathically on demand, whenever the itch flares up. Setting a dose up at bedside for that middle of the night flare-up eases the transition to sleep again quickly. Doses can be taken 15 minutes apart and no less, nor within a half hour of consuming a mint product. An aggravation in homeopathy refers to a strong response to a remedy. This over-reaction manifests as slightly stronger symptoms of the original health situation. Occasionally a higher than needed dose, when taken, can cause an increase in symptoms that lasts from a few minutes to a few days. (It only becomes prolonged to days when the original rash itself is severe). This strong response signals that the remedy is addressing the rash but that the dosage was too high. For follow-up dosages, lower the dose until the correct dosage is found. The correct dose will always be lowered, also, as the symptoms continue to subside.

- [www.elixirs.com](http://www.elixirs.com)

[editing by The Gloved Hand]

---

Editor's Note: Homeopathic remedies are prepared in such a way that there are no residual elements left of the original raw product, only the products signature wave length remains.

Beware that while the homeopathic remedy Rhus Toxicodendron may be beneficial, the raw product - poison ivy and it's urushiol resin - may be harmful.